

Care Connection

Programs & Activities of Mile Bluff Medical Center Foundation

UPCOMING EVENTS:

Holiday Auction Friday, November 24 to Saturday, December 2 Online

Our Holiday Auction is a unique opportunity to bid on one-of-a-kind items and experiences you won't be able to find anywhere else.

Even now when you visit the site you can make a donation, view auction items, and register to bid. Visit **givebutter.com/c/y8UMea** or scan the QR code on the back page.

safeTALK Workshop Saturday, December 9 9:00 am to Noon Hatch Public Library

If you have ever found yourself in a situation where you are worried someone might be suicidal, but don't know how to engage - safeTALK is for you.

You will walk away from safeTALK with an understanding of how to recognize someone with thoughts of suicide and how to connect them to help.

This program is ideal for anyone over the age of 15 who is looking to build a culture of safety from suicide within their organization and community.

To register, call the foundation office or visit the 'Calendar of Events' at www.milebluff.com.



'Like' Mile Bluff
Medical Center
Foundation on
Facebook to stay
up-to-date on events
and initiatives!

1050 Division Street, Mauston, WI 53948

www.milebluff.com/our-foundation

HELLO FROM MILE BLUFF!



Being a mom of two elementary-aged children, I could open an art gallery with all of the projects that come home from school. My kids enjoy recounting how they made these treasures and then launch into a lecture of why I cannot throw anything away. Admittedly, I don't keep everything and try to covertly sneak items into the recycling with varying degrees of success.

One project that I did save (among many) was a Thanksgiving turkey. On each tail feather,

my artists wrote something that they were thankful for. Not only is it cute, but it also is a great reminder that expressing gratitude, at any age, is important.

Gratitude is the positive feeling of being thankful for someone or something. As I think of my turkey feathers of gratitude, Mile Bluff is always at the top of mind. Obviously, Mile Bluff has given me a career that I enjoy. The people I work with, the vision of our administrative team, the impact of our donors, and our mission's focus, make it easy to come to work. As a patient and a community member, my gratitude for Mile Bluff has been overflowing in recent months.

In October, Mile Bluff's new Birthing Center and Infusion & Wound Center opened for care. These beautiful spaces were a demonstration of our commitment to going above and beyond in local healthcare. As a mother of two Mile Bluff babies, I am grateful for the care I received during my deliveries, and now, thinking of our new Birthing Center, feel so proud that we can provide this calming space for mothers.

I am lucky to still have three living grandparents, so my other source of Mile Bluff gratitude comes from my role as a grandchild. My grandparents certainly have had their health struggles over the years, but Mile Bluff has always been there to care for them. This spring, two of my grandparents moved into a nursing home. Thankfully, they both were able to find placement at Fair View Nursing & Rehabilitation Center. It has been a great comfort to have my grandparents so close and in a space where they are safe and well cared for. The staff has been amazing and so supportive not only of my grandparents, but my own parents and their siblings as well.

So thank you foundation donors and supporters for helping to make this all possible. Your belief in local healthcare keeps us moving forward for the patients of today and tomorrow. I know that I am just one of many people who are grateful for Mile Bluff's constant presence in our community.

In gratitude,

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Katie Nuttall | Foundation Director | 608-847-2735 | knuttall@milebluff.com

FOUNDATION NEWS



In October, VARC held a Breast Cancer Awareness Walk. The staff and clients (pictured above) wanted to help local breast care patients and chose to support Mile Bluff! The 1-mile walk raised \$2,750!

The funds were divided between the Infusion & Wound Center to help purchase wigs/scarves for breast cancer patients, and Medical Imaging to support mammography. Several Mile Bluff team members (pictured below) were able to participate in the VARC event.









KRISTINA C.

JESSICA E.

JOSIE F.





CIARA L.

MORGAN R.

This fall, the foundation awarded \$10,000 in scholarships to Mile Bluff employees pursuing further education. Congratulations to:

- · Kristina C. Pursuing Associates Degree in Nursing
- Jessica E. Pursuing Associates Degree in Medical Assisting Services
- Josie F. Pursing Associates Degree in Nursing
- Ciara L. Pursuing Bachelors Degree in Business Administration
- Morgan R Pursuing Bachelors Degree in Medical Laboratory Science

PLANNED GIVING: DONOR ADVISED FUNDS

A donor-advised fund, or DAF, is like a charitable investment account for the sole purpose of supporting charitable organizations you care about.

When you contribute cash, securities, or other assets to a donor-advised fund at a public charity, you are generally eligible to take an immediate tax deduction. Then those funds can be invested for tax-free growth, and you can recommend grants/monetary gifts to any eligible IRS-qualified public charity.

You want your charitable donations to be as effective as possible when you give. Eonor-advised funds are the fastest-growing charitable giving vehicle in the United States because they are one of the easiest and most tax-advantageous ways to give to charity.

Here's how a donor advised fund works.

- Donors contribute The donor makes an irrevocable contribution to the donor-advised fund (i.e. Schwab Charitable, Fidelity Charitable, National Phlanthropic Trust, etc.) and can take an immediate tax deduction. A contribution to a donoradvised fund is an irrevocable commitment to charity, the funds cannot be returned to the donor or any other individual or used for any purpose other than grantmaking to charities.
- Assets may grow The charitable assets in the DAF may be invested, and any investment growth is tax-free for the donor.
- Charities benefit You can support any eligible IRS-qualified public charity with grant recommendations from the donoradvised fund—from your local homeless shelter to a local hospital. The public charity sponsoring your account will conduct due diligence to ensure the funds granted go to an IRS-qualified public charity and are used for charitable purposes.

There are many reasons why donors choose a donor-advised fund as a philanthropic giving vehicle to build a charitable legacy. DAFs have become popular in part because of their versatility, allowing donors to give when, what, how, and where is most favorable for them.

If you are interested in learning more about the impact you can make with donor-advised funds, talk to your financial advisor.



BOARD UPDATE: MEET MISSY HEREK

Mile Bluff Medical Center Foundation's board of directors is a group of community volunteers. Their work is essential to the foundation's ability to achieve its vision – to transform patient care and to secure Mile Bluff's future.

Missy Herek, an educator from the Elroy area, represents her community on the board of directors for both the medical center and foundation. Serving on both boards gives Missy a unique perspective and allows her to connect the two facets of the organization.

"My dual role fosters trust and transparency between the two organizations," says Missy. "Overall, my position on the medical center board provides a unique perspective as I serve on the foundation board. I can facilitate collaboration, align objectives, and maximize the impact of both organizations for the betterment of the community."

As a board member, Missy is using her role to build healthfocused partnerships with local organizations and to advocate for policies that benefit the community's health.

Missy's involvement with the foundation is not her first experience with philanthropy. In addition to supporting local education, Missy has been raising funds to build water wells in Malawi, Africa for the past 10 years, and was very active in Elroy's 2018 flood recovery effort.

Always looking for ways to help others, Missy knows that philanthropy can impact local healthcare. "Philanthropy refers to the act of giving, either through donations of money, resources, or time, to help promote the welfare of others," explains Missy.

"When donors make a gift to the foundation, they are helping to ensure that quality healthcare continues to be accessible to all individuals. Contributions support advancements in technology, facility growth, as well as education and training programs for Mile Bluff's healthcare professionals. All of this makes a positive difference in the health of our community."



Missy Herek

As the foundation sets a course for the future, Missy would like the foundation to support more educational health initiatives and community outreach programs, as well as cutting edge technologies and growth at Mile Bluff.

If you believe in the mission of Mile Bluff Medical Center Foundation and the importance of ensuring the future of local healthcare, the foundation's board wants to hear from you. To connect with board members, contact Katie at 608-847-2735 or knuttall@milebluff.com.

Thrivent Choice® Making generosity easy

thrivent^{*}

Donate or Direct →



Looking for an easy way to support and strengthen Mile Bluff Medical Center Foundation? Participate in Thrivent Choice, Thrivent's charitable outreach program.

Through Thrivent Choice, you can contribute to organizations and causes you care about and influence how Thrivent distributes some of its charitable funding. Thrivent Choice provides an online giving platform where you can make personal donations. And Thrivent pays the processing fees, so 100% of your donation goes to help make an impact.

Eligible Thrivent clients with membership can also recommend where Thrivent distributes some of its outreach funding by directing Choice Dollars® to any of the thousands of enrolled churches and nonprofit organizations, including Mile Bluff Medical Center Foundation.

If you are a Thrivent client with a membership, take a minute to learn more about Thrivent Choice and see how you can help impact the health of the community through the work of Mile Bluff Medical Center Foundation.

THANK YOU DONORS...

We would like to thank the following individuals and businesses who recently donated to the foundation.

Diana Madero Ruth Martin Nicholas Narancich Stonecliff/Pirate's Cove Barbara Jo Wolff MyWalgreens Program

In honor of Christine Jensen, PA-C, Dr. Cassondra Kovach, & Sue Sorensen Natty Kranz



Place your online auction bids

FRIDAY, NOVEMBER 24 TO SATURDAY, DECEMBER 2

Get your shopping list ready! Mile Bluff Medical Center Foundation's Holiday Auction is a unique opportunity to bid on one-of-a-kind items and experiences you won't be able to find anywhere else.

By bidding in our online auction, you could win:

- » Photography sessions
- » Getaways Including a 5-day African safari
- » Home decor & gifts
- » Beef bundles
- » Tickets to sporting events
- » SO MUCH MORE!

The 2023 Holiday Auction features an exclusive list of items that have been donated by generous businesses and individuals from our community.



REGISTER TODAY! For more information, call 608-847-2735.

Proceeds from this auction will support the health of the community through the work of Mile Bluff Medical Center Foundation.

SCAN NOW to view auction items and to register!



You will receive a notification when the event is live and open for bidding.

1050 Division Street | Mauston www.milebluff.com/our-foundation www.facebook.com/MileBluffFoundation