

COMMUNITY HEALTH IMPROVEMENT PLAN



2025 - 2028

Report published February 2026

EXECUTIVE SUMMARY

Mile Bluff Medical Center is committed to improving the health and well-being of the region we serve by listening to community voices, building strong partnerships, and supporting efforts that help residents live healthier, more connected lives.

This community health improvement plan builds upon the results of our 2024 community health needs assessment. Our efforts are helping to keep a pulse on what's needed in the region, and are intentionally aligned with Juneau County's full-scale assessment. By remaining actively involved in the county's initiatives, planning activities, and community action teams, we demonstrate a continued commitment to identifying emerging needs, sharing insights, and supporting collective, community-driven responses over time.

Our 2024 assessment identified several needs that influence health beyond medical care alone, including mental health resources, transportation, childcare, economic stability, and opportunities for families and youth. Addressing these needs requires collaboration across sectors. Our role is to complement and strengthen existing efforts through healthcare access, education, workforce development, sponsorships, and partnership—while allowing organizations with specialized expertise to lead where appropriate.

This community health improvement plan outlines how we will support these priorities over the next three years, with a focus on collaboration, responsible stewardship of resources, and meaningful overall community impact.

INTRODUCTION

At Mile Bluff Medical Center, we believe health is shaped by many factors, including access to care, connection, opportunity, and stability. Our commitment to community health extends beyond providing medical services and includes active participation in local planning, long-standing partnerships, and continued investment in programs that support overall well-being.

The plan outlined in this report reflects what we heard through our 2024 assessment and through ongoing engagement with Juneau County Public Health and other area partners.

Together, we are working toward shared goals that prioritize community needs and build on existing strengths.

TOP NEEDS IDENTIFIED IN 2024



**MENTAL HEALTH
RESOURCES**



**FAMILY/YOUTH
ACTIVITIES**



CHILDCARE



TRANSPORTATION



ECONOMY/JOBS

OUR APPROACH

We recognize the importance of each identified need and are committed to supporting community-wide improvement efforts. At the same time, we are intentional about defining our role within the broader health landscape.

Our approach focuses on contributing where our healthcare expertise, relationships, and resources can have the greatest impact, while working in close partnership with organizations that are best positioned to lead initiatives.

We are not equipped to spearhead large-scale efforts such as operating childcare services, developing transportation systems, or leading county-wide economic development initiatives. These areas require specialized infrastructure, sustained funding, and capacity that are outside the scope of a healthcare organization.

Mile Bluff will support efforts by:

- Participating in county-led planning and community action teams
- Sharing data and health-related insight
- Supporting grant applications and coordinated strategies
- Sponsoring programs and initiatives that align with community goals

Our approach supports sustainability, avoids duplication, and ensures that efforts remain coordinated and community-driven.

OUR STRATEGIES

Advancing mental health and emotional well-being

Mental health was identified as a significant concern in the 2024 assessment, with many respondents reporting diagnoses such as anxiety and depression and highlighting challenges related to timely access to care.

Mile Bluff will continue to support mental health by:

- Expanding access to services through telehealth and integrated care where able
- Seeking out education and training to reduce stigma and support early identification
- Supporting substance use recovery initiatives
- Remaining actively involved in county mental health planning efforts

Over time, these strategies are expected to improve awareness, reduce barriers to care, and increase access to support when it is needed.

Strengthening families, youth, and schools

Mile Bluff has a long history of supporting local schools, youth programs, and athletic teams. This commitment reflects the belief that strong families and engaged youth are essential to long-term community health.

Ongoing efforts include:

- Sponsorship of school programs, youth sports, and extracurricular activities
- Health education and wellness support in school and community settings
- Promotion of positive, active lifestyles for children and families

This support helps to create environments for young people to thrive and build healthy habits.

Supporting childcare, transportation and economic stability

Community members identified childcare availability, transportation access, and economic stability as ongoing challenges. Mile Bluff will continue to support county-led solutions by engaging in planning efforts, offering a healthcare perspective, and supporting initiatives that reduce barriers for families and workers.

While not a lead organization in these areas, Mile Bluff's support contributes to improved coordination, workforce stability, and access to essential services—factors that directly influence health and well-being.



When individuals commit to a shared effort, small actions can create wide-reaching impact.

OUR PARTNERSHIPS

We work closely with a wide range of regional partners, including Juneau County Public Health, community action teams, schools, childcare providers, economic development organizations, and other local groups. These collaborative efforts support information-sharing and coordinated action around community-identified priorities.

Through active participation and ongoing communication, we provide a healthcare perspective while learning from the expertise of others. This approach strengthens community capacity, promotes efficient use of resources, and helps ensure that efforts are aligned to best support the health and well-being of area residents.



MOVING FORWARD

This community health improvement plan reflects thoughtful consideration of community input, organizational capacity, and the value of shared responsibility. The actions outlined reinforce our role as a supportive partner—one that contributes where it can be most effective while working alongside others to strengthen community health.

With continued collaboration and purposeful engagement, we remain focused on supporting meaningful, sustainable improvements that contribute to the overall health of the region. As priorities evolve, we are committed to adapting our efforts to meet the needs of area residents in meaningful ways.

We look forward to supporting community health now and into the future.

