

Quotes & Quips

by Larry Arnold

Spring is nature's way of saying,
"Let's party!"

Robin Williams

* * *

Time and health are two precious
assets that we don't recognize and
appreciate until they have been
depleted.

Dennis Waitley

* * *

The race is not always to the swift,
but to those who keep on running.

* * *

Be like a postage stamp. Stick to it
until you get there.

Bob Proctor

* * *

Psychiatry students were attending
their first seminar. It was on emo-
tional extremes. The professor
wanted to establish some param-
eters, so he asked what they would
say was the opposite of joy.

"Sadness," replied Mr. Nichols.

Ms. Biggs defined the opposite of
depression as elation.

"And Mr. Martin, what is the
opposite of woe?"

Bubba replied, "I believe that would
be giddyup!"

* * *

If you have one eye on yesterday
and one eye on tomorrow, you're
going to be cockeyed today.

* * *

Voters don't decide the issues, they
decide who will decide the issues.

George Will

* * *

We lie the loudest when we lie to
ourselves.

Eric Hoffer

* * *

A hug has no unpleasant side
effects. It's all natural. It's inflation-
proof and non-fattening. It's non-
taxable and non-polluting. Best of
all, it's fully refundable.

* * *

Bill was carrying a small gift-
wrapped package when he met
Doug at the mall. Doug asked what
his wife wanted for her birthday and
Bill said she asked for, "Anything
with diamonds."

So he bought her a deck of cards.

Continuing education for nurses is important

by Larry Arnold

Patty Johnson of Oakdale gradu-
ated from Western Technical College
in May after completing training to
become a registered nurse. As part
of her training she spent two clinical
rotations at Mile Bluff Medical Cen-
ter, the first in January of 2007 and
the last one in April of 2008.

Commenting on her training at
Mile Bluff, she said: "Both experi-



Patty Johnson

ences have been very enlightening
and I have gained a lot of knowledge
through the guidance of my precep-
tor Kathy Marose, and other staff
members."

A part of her studies included the
preparation of a paper which ex-
plained why nurses should continue
their education. She spoke to the
Mile Bluff staff nurses on April 30
and May 1. She had prepared a num-
ber of graphics which illustrated key
portions of her paper.

The staff nurses who heard
Patty's presentation used the occa-
sion to renew their nursing skills com-
petency. She prepared this summary
of her presentation:

Why should nurses continue their
education? The answer is clear.
Nurses who continue their education
increase their chance of satisfying the
patient by giving specialized and thor-
ough quality care. A patient is apt to
feel more comfortable knowing that
his/her nurse has had specialized
training on new techniques and prac-
tices, and this is even more impor-
tant due to the ever-changing world
of technology in healthcare. Not only
that, nurses can help safeguard

against potential legal problems by
educating themselves on current laws
and regulations as they pertain to the
nursing field. Licenses are at risk if
negligence, malpractice or other un-
lawful actions occur.

Also, nurses who continue to
educate themselves can feel confident
in contributing to the team nature of
the healthcare environment. In most
instances, doctors, therapists and
nurses, as well as many others, are
working together to give patient care.
Knowing that someone has kept cur-
rent with the healthcare field allows
others to trust one another.

Although hours and money spent
in continuing education are factors
to be considered, the benefits out-
weigh the downfalls. Nurses should
pride themselves in the work they do
for the patients, and continue to keep
abreast of the field.

Patty grew up in La Crosse and
graduated from Logan High School
there. She lives in Oakdale with her
fiance, and has three college-age
children. She has worked at
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19 years as a unit coordinator and a
critical care technician.

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Contact us!

*We welcome your letters,
e-mails and suggestions.*

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