

Hess Memorial Hospital Auxiliary Thrift Shop

LOCATED AT 222 ELM STREET IN MAUSTON



Monday - Wednesday
12:30-4 p.m.

Thursday & Friday
9 a.m. - 4 p.m.

Saturdays
9 a.m. - NOON

We are looking for:

- Items in **small, light boxes only** for easy unpacking and lifting
no large items such as appliances, furniture, TVs, computers
- Seasonal items (no winter items in summer and vice versa)
Leave donations in the enclosed entryway



All proceeds go to
benefit the health of the
community

Next blood drive to be held July 28, 29

You may not see their faces, but when you donate blood at Hess Memorial Hospital in Mauston, the people you help in your community are very real. Please join us Monday, July 28 or Tuesday, July 29, from 9 a.m. to 2 p.m. for a blood drive hosted by the Blood Center of Wisconsin - the only provider of blood to Hess Memorial Hospital.

The Blood Center is in need of all blood types, so please take the time to donate. Encourage your friends and family to come out and donate as well!

There is no substitute for the blood that is needed every day in our community. Your donation could be used to help a chemotherapy or open-heart surgery patient, an accident or burn victim, or even someone needing an organ transplant. Your donation will do more good than you know, and will touch the lives of up to three people in our community.

Walk-ins are welcome, but registration is encouraged. For information and to register, call the Blood Center at 1-888-310-7555. You can also visit the hospital and sign up in the dining room.

Requirements for donating:

- * Must be 17 years or older, no upper age limit
- * Must weigh at least 110 pounds
- * Should be free of any cold, flu, or allergy symptoms the day of donation
- * Must never have had hepatitis
- * Should not have any risk factors associated with HIV or AIDS
- * Know the names and doses of all of your medications (most prescription medications are acceptable)

Tips to remember:

- * Bring along a photo ID
- * Drink plenty of fluids prior to and following your donation
- * Eat a nutritious meal prior to donating
- * Following your donation avoid strenuous physical exercise until the next day

Please join us for the next blood drive at Hess Memorial Hospital.

Future PA studies medicine in Mauston

by Larry Arnold

Katie Stewart, a second-year student in the University of Wisconsin physician assistant program at Madison, came to Mile Bluff Medical Center on Monday, March 24, and is spending a two-month preceptorship here.

Since coming to Mile Bluff, Katie has been seeing patients with Dick Faust, PA-C at Mile Bluff Clinic, and making hospital rounds with Jim Logan, M.D., as part of her family practice rotation.

She will also spend some time observing gynecologist Jim Speichinger in surgery, and is looking forward to time in the cardiology department.

Asked for comments about Mile Bluff, Katie said: "I like the variety of work here and have found everyone willing to teach and they've all been so nice to me."

Earlier in her physician assistant training, she did a surgery rotation at St. Mary's Hospital in Madison; was at the VA hospital in Madison for a rotation in internal medicine; and did an urgent care rotation at St. Vincent Hospital in Green Bay.

Katie grew up near Green Bay, at Oconto, where she graduated from



Katie Stewart, PA student

Oconto High School. She has a younger brother.

Prior to starting her physician assistant training, Katie attended UW-Stevens Point, where she got a degree in biology. She thought seriously about teaching biology, but became interested in healthcare, where after graduation next May, she hopes to have a career in family practice.

Katie has a full schedule but when she finds time, enjoys outdoor activities.