

## Quotes & Quips by Larry Arnold

Some people think it's holding on that makes one strong; sometimes it's letting go.

~ Sylvia Robinson  
\* \* \*

James, 4, was listening to a Bible story. His dad read: "The man named Lot was warned to take his wife and flee out of the city, but his wife looked back, and was turned to salt."

Concerned, James asked: "What happened to the flea?"  
\* \* \*

Melanie, 5, asked her Granny how old she was. Granny replied she was so old she didn't remember.

Melanie said: "Just look in the back of your pants. Mine say five to six."  
\* \* \*

Adversity is another way to measure the greatness of individuals.

I never had a crisis that didn't make me stronger.

~ Lou Holtz  
\* \* \*

A great secret of a successful marriage is to treat all disasters as incidents and none of the incidents as disasters.

~ Sir Harold Nicholson  
\* \* \*

In the truest sense, freedom cannot be bestowed; it must be achieved.

~ Franklin D. Roosevelt  
\* \* \*

We have enjoyed so much freedom for so long that we are perhaps in danger of forgetting how much blood it cost to establish the Bill of Rights.

~ Felix Frankfurter  
\* \* \*

### A LITTLE ABOUT GOLF...

That rake by the sand trap is there for those who feel guilty about skipping out on lawn work.

\* \* \*

It's amazing how a golfer who rarely helps out around the house will replace his divots, repair his ball marks, and rake his sand traps.

\* \* \*

Did you ever notice that it's easier to get up at 6 am to play golf than at 9 am to mow the lawn?

## Dolly Fleming receives Rural Health Ambassador Award

Each year, the Rural Wisconsin Health Cooperative (RWHC) presents awards to employees of member hospitals for going above and beyond their job descriptions in promoting health to the community. This year Mile Bluff is happy to announce that Dolly Fleming, RN was a recipient of the Rural Health Ambassador Award.

Dolly has been with Mile Bluff for over 13 years and currently works in Acute Care as a Registered Nurse,



Dolly demonstrates her dedication to service by cutting and serving cake at her own reception.



Pictured above (from left to right): Carol Purvis, VP; Mary Kubarski, RN; Dolly Fleming, RN; Jim O'Keefe, CEO; and Larry Clifford, RWHC.

Charge Nurse and a Preceptor for students and new employees. Outside of these walls she works hard to raise funds for both the American Cancer Society and the American Diabetes Association. It is dedication like this that earned Dolly the Rural Health Ambassador Award this year.

Larry Clifford from RWHC presented Dolly with her well-deserved award in June. Many turned out to join in on the celebration, congratulating Dolly and enjoying cake and punch in her honor.

As she was presented with the award, Larry read a quote from the nomination form that sums up why Dolly was chosen to receive the award. "Dolly is always willing to take on new challenges whether at work or in the community. She is always willing to help those in need. As a charge nurse, she is able to handle about any crisis in a calm and professional manner."

Mile Bluff is proud to have a rural health ambassador on the staff. Thank you for going above and beyond the call of duty Dolly!

## MILE BLUFF TIMES

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### Thank you!

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**Hess Memorial Hospital is a not-for-profit hospital serving  
Juneau County and the surrounding communities.**

*Delivered to 38,500 homes in central Wisconsin.*